PSHE Association

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A BETTER MEDWAY
Easier ways to be healthy

What makes a good friend?

Year 3 Lesson 1

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Learning objective

☑ We are learning about friendship, including why it is important and what makes a good friend.

Learning outcomes

☑ I can recognise the different types of relationships, including friendships, that might be important to people (e.g. family, friends, groups to which we belong, neighbours).

☑ I can explain why friendship and having friends is valuable.

☑ I can describe how friends show they care for and value each other.

☑ I can evaluate what is most important in a friendship.

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Ground rules

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Defining 'friend'

What makes a good friend?

Why is friendship important?

year 1 pupil

Think silently, before noting down your thoughts.

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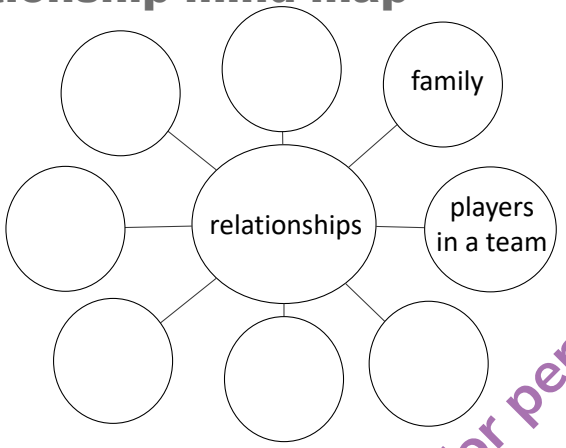
Relationship mind map



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Importance of friendship

Friendship is important because _____.

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Good friends case study

Read the case study and think about…

What makes the friendship positive or good?

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Zone of relevance

Not important

wearing the same clothes

being the same religion

not having any other friends

Less important

More important

listening

sharing

being kind

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Defining 'friend'

What makes a good friend?

Why is friendship important?

year 1 pupil

Revisit your first thoughts. In a different colour, add any new ideas or make any changes.

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Signposting support

If you have any questions or worries about friendship, you can speak to a trusted adult.

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Home learning activity

Friendship tribute

Make a poem, rap or song about friendship that:

- says why friendship is important
- includes some of the qualities of a friend

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