PSHE Association

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A BETTER MEDWAY
Easier ways to be healthy

Everybody's body

KS1 Lesson 3

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Learning objective

☑ We are learning to name different parts of the body, including genitalia.

Learning outcomes

☑ I can describe similarities and differences between myself and others.

☑ I can recognise and use the correct names for main parts of the body.

☑ I can recognise that some parts of the body are private.

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Draw and write

Can you draw two children?

Make one a girl and one a boy.

Around the pictures, write what the girl and the boy look like.

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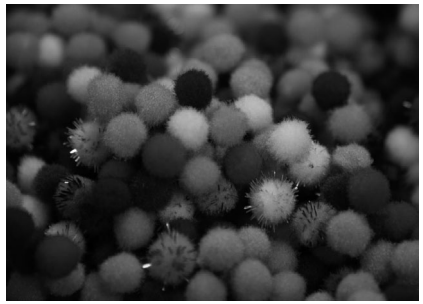
The pom pom game

We are **different** because…

We are the **same** because…



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Differences and similarities we can see

We both wear glasses

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Differences and similarities we can not see

I don't like football

I do like football

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Naming body parts

Which of the baby's body parts can you name?

Which baby do you think is male?
Which baby do you think is female?

How will you know?

If the babies were older, would it be easier?

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Spot the difference

The baby's genitals are different.

Do you know any scientific names for male and female genitals?

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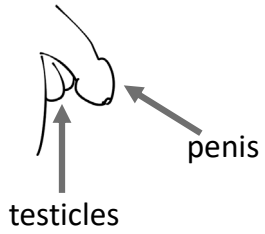
Naming the genitals

male genitals



female genitals

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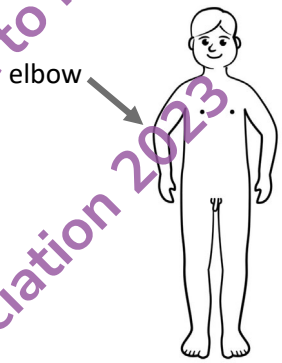
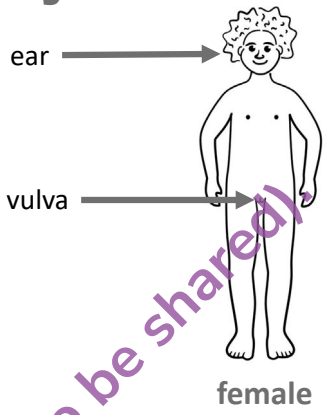
Labelling body outlines





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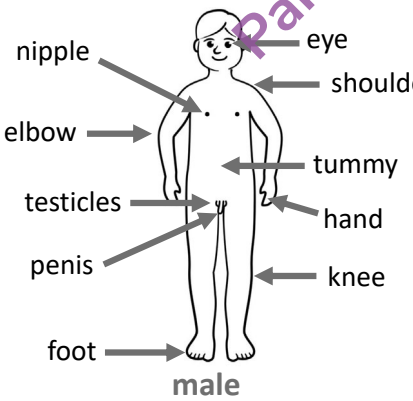
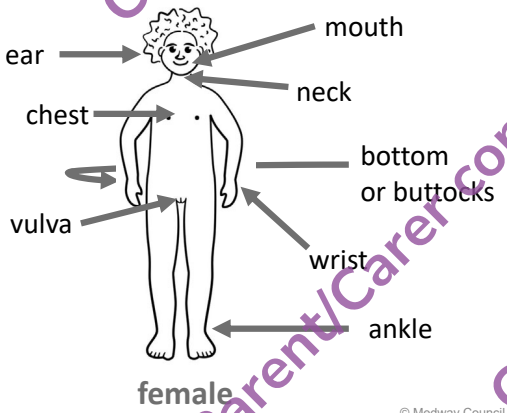
Labelling body outlines - answers





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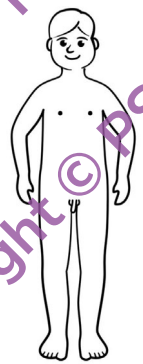
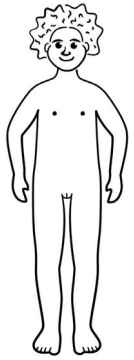
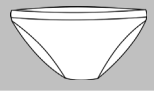
Private body parts





Using a coloured pencil can you circle the parts of the body that are private?

Clue: They are usually covered by underwear.



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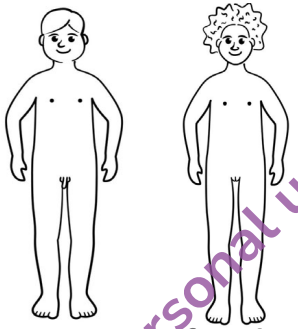
Can you solve the riddle?

This part of the body is…

- not on the head
- **private**
- covered by underwear



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Draw and write

Look back at your drawing from the start of the lesson.

Can you add anything new?

Is there anything you would like to change?

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Talk to a partner

Before this lesson, I didn't know that…

But now I know that…

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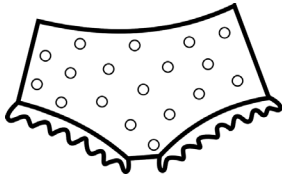
Signposting support



Private parts (including genitals) are private.

Always remember your body belongs to you.

No means no.

Talk about secrets that upset you.

Speak up, someone can help.

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More activities

Looking at animals

Look at some different animals:

- Can you tell which are male?
- Can you tell which are female?
- How do you know?

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