

High Bank Junior, Infant & Nursery School

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Dear Parents/Carers,

We have had an increasing number of reports of head lice in school. We ask for your assistance in dealing with this issue by checking your child's hair regularly and where necessary treat your child's hair.

High Bank School will be holding a parent and carer workshop relating to this on Tuesday 29th January at 9am, where further information will be provided, as well as breakfast and resources. (Entrance through main reception).

The easiest way to treat infested hair is with the condition and comb method:

- wash hair with ordinary shampoo
- apply lots of conditioner (any conditioner will do)
- comb the whole head of hair, from the roots to the ends

It usually takes about 10 minutes to comb short hair, and 20 to 30 minutes for long, hair.

Further information is available from the NHS website:

<https://www.nhs.uk/conditions/head-lice-and-nits/>

We hope to see you at our workshop.

Many thanks for your co-operation.

Kind regards

Mrs K Chubb
Headteacher