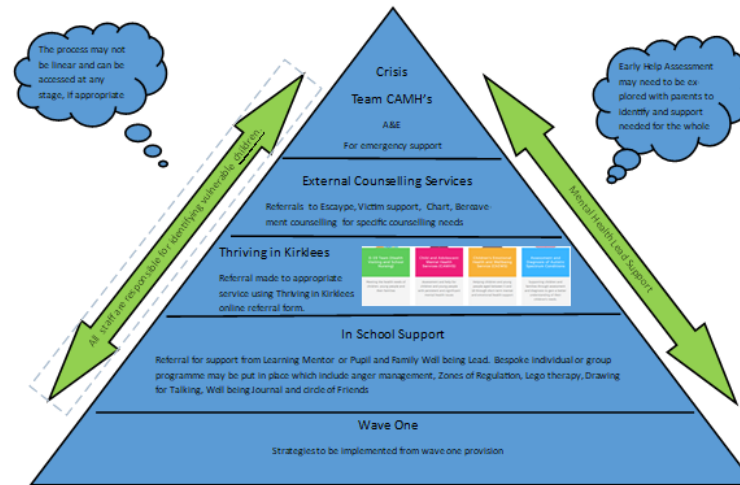


Mental Health and Well Being at High Bank JIN School

Learning mentor delivering targeted interventions including

- Lego therapy
- Circle of Friends
- SULP
- Drawing for Talking
- Sand therapy
- Well being Journals
- Anger management

Counselling and coaching from outside agencies



Pupil and Family Well being in post

Ethos of supporting the whole family

Support for families with Foodbank, sign posting and uniform exchange

Calm corners

Well being check in for every pupil each day

Worry boxes in class

Calm Cabin in playground

A programme of after school enrichment clubs

Coaching

Dream Journeys

PHSE Curriculum

Friendship Bench

Art therapy

Dance Workshop

Themed weeks and events

Pupil Voice

- Mental health Warriors
- School Council
- Digital Leader
- Head Boy and Girl in year 6
- Deputy Boy and Girl in year 6
- Suggestion Jars
- Pupil Voice Questionnaires

After school enrichment activities

Holiday Clubs

Breakfast Club available to all

Lunch time activities

Feel Good Friday

Themed Days and events

Willow area

Celebration assemblies

Subsidised trips and event including year 6 residential

Links with other agencies to support

Children's individual needs

Workshops for pupils and parents run by Northorpe Hall

Links with local PCSO and community groups to promote joined up working

Links with other agencies to gain children's voice and opinions about local community

Links with Mowat Court