

# High Bank Junior, Infant & Nursery School

Head Teacher: Mrs K. Chubb  
Telephone: 01274 875330



Eighth Avenue  
Hightown  
Liversedge  
WF15 8LD

Email: [office@highbankschool.co.uk](mailto:office@highbankschool.co.uk)

Web: [www.highbankschool.co.uk](http://www.highbankschool.co.uk)

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## WARN AND INFORM

Dear Parent/ Carer,

We have been notified of a confirmed case of COVID-19. The confirmed case of COVID is in year 2. The symptoms they had were **sickness and headache.**

This letter is to give you general information only, **you do not need to take any action unless your child develops symptoms or if test and trace have contacted you. Your child will still come into school as normal.**

**I would encourage you** to frequently do lateral flow tests on your child **whilst they are not displaying symptoms.** These can be obtained from your local pharmacy or you can [Order coronavirus \(COVID-19\) rapid lateral flow tests - GOV.UK \(www.gov.uk\)](https://www.gov.uk/order-coronavirus-rapid-lateral-flow-tests)

Children under the age of 18 are **no longer required to self-isolate if they are a close contact** of someone who has tested positive for COVID-19. Your child and other members of your household can continue normal activities providing your child does not develop symptoms.

### **What to do if your child develops symptoms of COVID-19**

If your child develops symptoms of COVID-19, they must isolate and you should arrange a PCR test for your child via [Get a free PCR test to check if you have coronavirus \(COVID-19\) - GOV.UK \(www.gov.uk\)](https://www.gov.uk/get-a-free-pcr-test-to-check-if-you-have-coronavirus) or by calling 119.

*Providing other household members are well, they do not need to isolate whilst awaiting the symptomatic persons results. Once you have booked your child's test please contact the school office to inform us of the COVID-19 related absence.*

- **If the test result is positive**, your child will be required to self-isolate for a period of 10 days from the day that their symptoms started. Guidance for the rest of household is determined by their age and vaccination status. You can seek advice here [Stay at home: guidance for households with possible or confirmed coronavirus \(COVID-19\) infection - GOV.UK \(www.gov.uk\)](https://www.gov.uk/stay-at-home-guidance-for-households-with-possible-or-confirmed-coronavirus)
- **If your child's test result is negative**, they can continue with their normal activities if they are well enough to do so.

*Once you have received your child's test result please inform the school office before sending your child to school.*

**How to stop COVID-19 spreading.**

Here are a few things you can do to help reduce the risk of you and anyone you live with catching COVID-19

- Wash your hands with soap and water often - do this for at least 20 seconds.
- Use hand sanitiser gel if soap and water are not available, wash your hands as soon as you get home.
- Cover your mouth and nose with a tissue or your sleeve (not your hands) when you cough or sneeze, put used tissues in the bin immediately and wash your hands afterwards.

Book a test if you develop **any** of the key symptoms not matter how mild:

- High Temperature
- A new, continuous cough
- A loss or change to your sense of smell and or taste

Further information is available at [Coronavirus \(COVID-19\) - NHS \(www.nhs.uk\)](https://www.nhs.uk) Thank you for your continued support

Mrs Chubb

Headteacher