

## WEEKLY EXPRESS



## A MESSAGE FROM MRS TAI

Dear families,

Tuesday's Book and Bagel event was a great triumph - thanks to those who were able to join us. The enjoyment of spending time together reading was evident and I know the children loved spending this time with you or their friends, enjoying some quality books. Our KS2 (Y3-6) Book and Bagel event is on Tuesday 4th February so we look forward to seeing you there.

This term we are launching a new additional resource to our PSHE curriculum called "My Happy Mind". It teaches the children about how their brain works and how they can look after it. The children were introduced to the programme in assembly this week and have begun their sessions which will take place on Thursdays. Other local schools have shared the great impact it has had on the wellbeing and mental health of its children and we are looking forward to seeing similar progress. There is a parent app which we will be sharing with you in the coming weeks so please look out for details. Find out more about My Happy Mind [here](#).

Have a wonderful weekend - it's due to be very windy so please do take care.

Mrs Tai



## RAFFLE

## READING RAFFLE

In Celebration Assembly last week we announced the new Reading Raffle. To encourage more families to read together, we are offering a small incentive - each time your child reads with you and it is recorded in the reading record, you will be entered into our Reading Raffle which will be drawn at the end of the Spring Term.

We hope that you'll enjoy the time spent together, notice the impact it will have on your child's progress and be in with a chance of winning a great prize.

## FRIENDS OF HIGH BANK

The Friends of High Bank are meeting again on **Friday 31st January** at 9am and it would be brilliant to see some new faces there amongst our committed regulars.

Are you a parent who is organised, can spare a little time, who is creative or who would like to support the school in some way? If so, please join us from 9:00am for a cuppa and catch up.

## HOUSE POINTS

## PEAKE

11,438

## STOREY

11,764

12,374

## RASHFORD

11,818

## PANKHURST



## WEEKLY WINNERS

Congratulations to our Stars of the Week and Caught Being Kind winners this week.

**Star of the Week:**                      **Caught being Kind:**

**Capella Class: Ada-Rey**   **Capella Class: Aamirah**

**Vega Class: Elijah**                      **Vega Class: Harley**

**Arcturus Class: Saif**                      **Arcturus Class: Kailan**

**Rigil Class: Hendrix**                      **Rigil Class: Tristan**

**Canopus Class: Dylan**                      **Canopus Class: Elliott**

**Sirius Class: Rosie**                      **Sirius Class: Malachi**

Well done to Vega Class for winning the Attendance Award this week with 94.75% Keep it up!



## IMPORTANT DATES

**Tuesday 28th January** - Coffee morning:  
KS1 Maths

**Tuesday 4th February** - KS2 Book and Bagel

**Friday 7th February** - TT Rockstars Day

**W/C 10th February** - Keep Safe Week

**Thursday 13th February** - Valentines Disco  
@ 2pm (EYFS, KS1) and 3:45pm (KS2)

**Monday 17th - Fri 21st February** - Half Term

**Monday 24th February** - Spring 2 begins

**Thursday 6th March** - World Book Day

**Wednesday 26th March** - Parent & Teacher Consultation meetings

**Friday 28th March** - Special Person Afternoon in celebration of Mother's Day

**Wednesday 2nd April** - Easter Egg Hunt

**Friday 4th April** - End of term

## CLASSROOM HIGHLIGHTS



### CLASS CAPELLA

The children in EYFS are practically working on the space station! We have been drawing the planets, building rockets and also sequencing fictional stories about going to the moon!

Please see the next page for some more highlights at High Bank this week.





## KS1 BOOK AND BAGEL

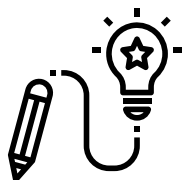


## KS1 & KS2

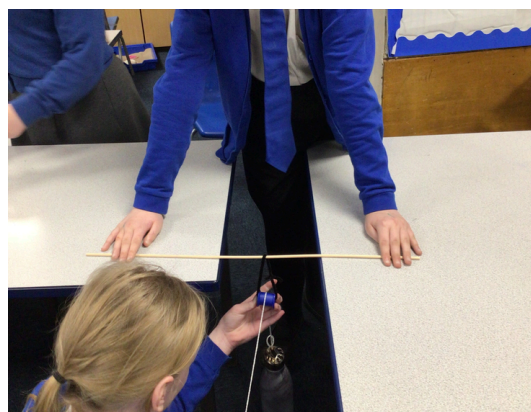
In DT, Class Rigil have built the chassis of a slingshot car and designed it so that it meets the design criteria.



Year 1 have been enjoying Dance in PE. They have been practising counting in counts of 8 and have worked hard in pairs to put a routine together.



Class Canopus have been researching and writing non-fiction reports about Sir Ernest Shackleton. The children planned and presented their reports and tried to include parenthesis, time conjunctions and technical language.



Above, we have Class Sirius learning about pulleys and gears in their Design and Technology lesson. They made a simple fixed pulley system to lift a water bottle. They have also made a model of driver and follower spur gears.